### FREE TO MILLIONS OF SUFFERERS.

The New Cure for Kidney, Bladder and Urie Acid Toubles.

Almost everybody who reads the newspapers is sure to know of Swamp-Root, the great Kidney remedy.

It is the great medical triumph of the nineteenth century; (iscovered after years of scientific research by the eminent kidney and blacker specialist, Dr. Kilmer, and has truly wonderful powers in curing kidney liver, bladder and uric acid diseases.

Kidney trouble is responsible for more other disease, and is so deceptive that thousands have it without knowing it. Thousands owe their health and even life to Swamp-Roof, and thousands more who to-day think themselves beyond help, can be made well by the use of this great remedy.

Swamp-Root has been tested in so many ways, in hospital work, in private practice, among the helpless too poor to purchase relief, and has proved so successful in every case, that a special arrangement has been made by which all readers of this paper, who have not already tried it, may have a sample bottle sent absolutely free by mail. Also a book telling more about Swamp-Root and containing some of the thousands upon thousands of testimonial letters received from men and women who owe their good health, in fact, their very lives, to the wonderful curative properties of Swamp-Root. Be sure and mention this paper when sending your address to Dr. Kilmer & Co., Binghamton,

If you are already convinced that Swamp-Root is what you need, you can purchase the regular fifty-cent and onedollar size bottles at drug-stores.

#### POKER PARLANCE.

A Sunday School Boy Whose Education Included a Knowledge of Good Pairs.

The mixed metaphor of a South side Sunday school teacher and the precociousness of a youngster of seven in the juvenile class, sho had evidently been listening to fatherly club stories not intended for his cars, combined to disrupt the Bible serv-ices temporarily a couple of weeks ago. Recently the good pastor of the church received a call to another congregation, and in referring to this the young woman who sees to the spiritual growth of the youngest charges of the church dwelt at some length on the rightcoursess, faith and upright life of the paster who had been so highly honored. She impressed her young hearers with the "faithfulness to duty" that had char-acterized the career of the beloved minister, and was listened to with devout and deep attention. Believing this lesson had ef-fectively penetrated the young sinds the teacher asked: And now who can tell me the one thing

that our paster held so dear that he should receive this call?" After an interval of silence, during which the members of the small set looked about somewhat uneasily, a shrill voice came from the end of a pew, where its owner and his knickerbocker suit were curled up com-fortably against the cushions:

"Aces." - Chicago Inter Ocean.

The Nautical Woman. He (an old hand)-They had dropped their

She (a beginner)—Served them right. It has been hanging over the side all day long.



"Every morning I have a bad taste in my mouth; my tongue is coated; my head aches and I often feel dizzy. I have no appetite for breakfast and what food I eat distresses me. I have a heavy feeling in my stomach. I am getting so weak that sometimes I tremble and my nerves are all unstrung. I am getting pale and thin. I am as tired in the morning as

What does your doctor say?
"You are suffering from im-What is his remedy?



You must not have constipated bowels if you expect the Sarsaparilla to do its best work. But Ayer's Pills cure constipa-

We have a book on Paleness and Weakness which you may have for the asking. Write to our Doctors.

Perhaps you would like to consult minert physicians about your condi-ion. Write us freely all the particulars n your case. You will receive a prompt Address, DR. J. C. AYER, Lowell, Mass

There's Only One Standard of Quality in Athletic Goods-'Spalding." Accept no substitute.

Handsome Catalogue Free. A. G. SPALDING & BROS. Chicago.

A HANDSOME WATCH ing a Overland Club. Send B come for parties

# DECREASED IMPORTS.

Smallest in Volume for Twenty Years Past.

Heavy Falling Off in Purchase of Foreign Goods and Corresponding Increase in Use of Domestic Articles.

first full calendar year of the Dingley work of the league for the past year, tariff, have just been completed by the and in plans for future usefulness and bureau of statistics. They show the along the lines so successfully followed smallest importation in 20 years, with heretofore. Among those present were the single exception of the year 1885. Col. Le Grand B. Cannon, Hon, Joseph sickness and suddin deaths than any The total imports for the year are E. Thropp, of Pennsylvania; Mr. David \$634,958,229, the revised figures being L. Einstein, Dr. S. A. Robinson, Gen. slightly in excess of those of the pre- W. M. Healey, John Irving, Hon. F. S. liminary statement issued by the bu- Witherbee, Chester Griswold, C. Du reau of statistics earlier in the month. Brul. Homer Laughlin, Wilbur F. Wake-This is \$100,000,000 less than the im- man, T. Z. Cowles and F. W. MacDonald, those of 1892, while, as already indithose of 1897 were \$365,302,240, while amounted in value in 1898 to \$268.-362,680, against \$377,329,110 in 1897. This reduction of \$100,000,000 in the imthe importations of wool and the trans- and its recommendations approved. fer of wool from the free to the dutiable list; second, to a reduction in the free importation of manufactured articles whether for use in the mechanic arts or for consumption; third, to the transfer of tea from the free list to the dutiable list, and, fourth, to a reduction in the prices and also a slight reduction in the quantity of coffee imported.

Articles manufactured for use in the mechanical arts fell from \$25,293,522 in 1897 to \$19,166,517 in 1898; articles manufactured for consumption fell from \$20,942,277 in 1897 to \$7,842,537 in 1898 and articles of voluntary use, luxury etc., fell from \$6,702,370 in 1897 to \$3,851,377 in 1898. The above statements all relate to the non-dutiable importa-

Under the dutiable head the imports of 1898, as already indicated, differ but little from those of 1897. Articles of food and live animals coming in under the dutiable list amounted in 1898 to \$100,506,148, against \$102,349,373 in 1897. Articles in a crude condition for domestic industry show a marked increase, being \$49,070,823 in 1898, against \$32,555,794 in 1897, this being due to the general activity on the part of man ufacturers and to the fact that wool was in July, 1897, transferred from the free to the dutiable list. Articles manufactresulted as follows: tured for use in the mechanical arts amounted in 1898 to \$39,961,169, against \$55,878,363 in 1897, and articles manufactured for consumption amounted to \$96,962,272 in 1898, against \$97,893,605 in 1897, and \$100.381,308 in 1896.

Articles of voluntary use, luxuries te, under the dutiable list amounte in value to \$80,095,132 in 1898, against \$76,625,105 in 1897. This increase is explained by the greater prosperity and greater purchasing power of the people under protection. Of the total impor- Charles A. Moore tation of 1898, 42,2 per cent, were im- organization and distribution ported free of duty, against 50.9 per cent. in 1897, 48 per cent, in 1895, 56,7 per cent. in 1894, 51.8 per cent. in 1891, 35 per cent. in 1890, and from 32 to 35 per cent, in the years ranging from

1881 to 1891. The reduction of more than \$100,000,-600 in imports is aportioned among the great groups as follows: Articles manufactured for consumption, \$14,000,-000; articles manufactured for use in and

copper, chrome, iron, manganese,

pitch, bitumen, and even coal; but

metallic results commensurate with

be disappointed. The gold fiction is the

this island at the beginning of the con-

sal," Madrid, 1797, says: "Some of this

Whenever the existence of gold in Cuba

is discussed this "mine" at Holguin is

invariably brought forward. It is true

that some work has been done at this point and a little gold has been extract-

ed, but there has never been any sys-

tematic exploration, and there is noth-

ing there which may be dignified with

the name of a mine.-Jennings S. Cox,

England's Policy.

Jr., in Engineering Magazine.

metal (gold) is still found at Holguin."

most time-honored, for the original

the mechanical arts, \$22.00	10,000; articles		1000
of food and live anima	ls 822 con non	11	THE STATE OF
and articles in a crude co			1
			1 1
mestic industry, \$39,000,0		+1	1 1
The following table she	ws the impor-	11	1 1
tations by classes in 18	98. compared		- al
with 1897:			STATE OF THE PARTY
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Articles of food and live			1 1
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dition for domestic in- dustry206.	10 501 150 170 707		1000
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Articles manufactured-		1 1 2 2 2 2 2 2 2	
For mechanic arts 55.8 For consumption 97.8	78,355 39,561,169	S SALL	2022
Articles of voluntary	96,990 minus,214	LAMA TAT	
use, luxuries, etc 76,0	25,105 80,095,127		JANUARY 13 1899
			7. 0
Total dutiable265.2	02,240 366,595,549	100	
Free and dutiable:		1	
Articles of food and live	84.319 303.000.000	11:00	
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dition for domestic in-		133	
dustry238,5	81,995 199,249,418		1.
Articles manufactured-		1 2	- Section
For mechanic arts \$1.1			TARIFF JU
For consumption118,8	35,882 164,864,869	The state of the s	CENTRAL .
Articles of voluntary	27,475 83,946,514	AND 1 100	physics
use, luxuries, etc 83,3	414,010,00 611,011		

use, luxuries, etc..... 83,327,475 83,946,514 The Cuban Gold Myth. If we listen to the voice of the charmer, or go to the books on Cuba for our information, we shall find that the mineral resources of this island include gold, silver, mercury, lead, antimony,

Now Is the Time. While our shipyards are building warships, they are able to build me when we come to look for practical chant ships more economically that when their yards are idle. Now is the these varied mineral resources we shall time, therefore, while we are building a great navy, to build a great America merchant marine. The secret of the Spanish settlers expected to find rich cheapness and the quickness with which gold mines in Cuba. According to their | merchant ships are turned out in Gree historians "much gold was taken from Britain is in the vast quantity of war ships building that is always going o quest," but it seems probable that most Let us take a leaf out of England of this was taken from the chiefs or book, in this respect, and do likewi caciques of the Indians and very little while we have the time.-Camden (. from the ground. "El Viagero Univer- J.) Telegram,

> It seems that the Dingley law withou the war amendments produced the a erage amount of revenue from custo: duties. The few old-fashloned dem crats who continue to worry about t' republican tariff policy thus see the must cherished arguments knocked to the four winds.-Buffalo Express.

Aii Kinds of Money.

It requires a great deal of assurance for any democrat to assert that the The free ship cry is a humbug, and Dingley tariff is not a success as a revproved to be, because England is a free come producer, when the figures show ship country, and yet is obliged to rely | that the national treasury is filled with upon subsidies. - Philadelphia In- all kinds of money. - Springfield (Ill ) Journal.

Fourteenth Annual Meeting of the American Protective Tariff Lengue-Its New Officers.

FOR PROTECTION

The fourteenth regular annual meeting of the American Protective Tariff league took place January 19, 1899, at the league headquarters, 135 West Twenty-third street, New York. There was a large attendance of members The details of the import trade of the from various parts of the country, and United States in the year just ended, the strong interest was manifested in the

ports of 1897, and \$200,000,000 less than | First Vice President Cannon presided. An account of the general operations cated, they are the lowest in 20 of the league was embodied in the reyears, with the single exception of 1885. Fort of General Secretary Wakeman, The reduction of imports is altogether which also embraced the financial in articles free of duty, the dutiable im- statement of Treasurer Griswold. TINs ports in 1898 being \$366,595,549, while report showed that the receipts of the organization for the year ending Janthe free of duty articles imported wary 15 had been \$35,222.56, and the disbursements \$33,710,83, leaving a cash balance of \$1.511.73, with no liabilities of any description. It was recommendportation of non-datiable articles is ed that the assessment for 1809 be due, first to a very great reduction in placed at \$60. The report was adopted

The election of officers for the cusaing year was then held, resulting as

BOARD OF MANAGERS. (To serve four years.) J. F. Hanson, of Georgia. William L. Strong, of New York. Theodore Justice, of Pennsylvania, William Barbour, of New Jersey. Charles E. Coffin, of Maryland. The board of managers as now con-

stituted and the dates of the expiration of their terms of office are as follows: January, 1900. Charles S. Landers, of Connecticut E. A. Hartshorn, of New York.

Theodore M. Ives, of New York. Joseph E. Thropp, of Pennsylvania. January, 1901. Calvin Wells, of Pennsylvania James Phillips, Jr., of Massachusetts. F. S. Witherbee, of New York. Francis E. Warren, of Wyoming. Homer Laughlin, of California.

A. D. Juilliard, of New York.

January, 1902. Le Grand B. Cannon, of Vermont, Cornelius N. Bliss, of New York. Thomas Dolan, of Pennsylvania P. C. Cheney, of New Hampshire Henry McCall, of Louisiana.

January, 1963. J. F. Hanson, of Georgia. William L. Strong, of New York. Theodore Justice, of Pennsylvania. William Barbour, of New Jersey. Charles E. Coffin, of Maryland. The election of general officers and standing committees to serve one year

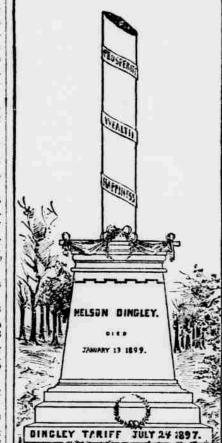
OFFICERS OF THE LEAGUE. William L. Strong, president. Le Grand B. Cannon, first vice president. ph E. Thropp, second vice pr-Wilbur F. Wakeman, general secretary. Chester Griswold, treasurer EXECUTIVE COMMITTEE

Cornelius N. Bliss, New York.

P. C. Cheney, New Hampshire, James Phillips, Jr., Massachusetts, William Barbour, New Jersey. Henry C. Valentine, New York FINANCE. LITERATURE David L. Einstein, E. A. Hartshorn, Charles A. Moore S. A. Robinson,

> P. C. Cheney, Theodore Justice, J. S. Barens.

HIS MONUMENT.



The wonderful increase of the preperity and bappiness of 75,600,000 people which so swiftly followed apthe workings of the tariff law of 18 is Nelson Dingley's monument. - Ame

They Continue to Worey.

## IN THE SHOP WINDOWS.

Handsome tamboured muslins for draping. Haviland

dinner sets artistically decorated.

Tailor-made cheviot suits with short bex coats. Renaissance allovers for waists.

sleeves and drapings. Spring styles in fancy neckwear in great abundance.

Rich furs of every description marked at clearing prices. Black cloth gowns stitched with

white silk in clustered scallops. Men's ties showing broad stripes in alternating dark and light colors. Dressing sacques of soft wash silk

embellished with lace and ribbon. Plaid Scotch glughams in combinations of heliotrope shades and white. Special sales of leather goods, such as belts, pocketbooks and chatclaine bags.

White linen and duck suits trimmed with scalloped applique designs in color. New fancies for spring in duchesse, peau de soie, gros-grain and brocade

New stock collars with bows attached baying ends that extend to the waist-

Military cycling gowns made of darkblue cloth decorated with narrow gold Newly opened lines of buckles, slides, brooches and hatpins having much of

the design carried out in differently

colored enameling and semi-precious

Broad displays of new parasols, comprising all the brilliant colorings and tasteful trimining ideas, such as appliques of lace and ribbon, ruchings and narrow frills of taffeta, - Dry Goods Economist.

## THE FEMININE OBSERVER.

Adversity is the trial of principle. The present never makes us as happy as our hope for the future.

Ment cating and baldness are now said to be a case of cause and effect. Promptness is a jewel very few women apparently consider fashionable. How few persons can get up any enthusiasm over another's good fortune. To discover a person's real disposi-

bim. A man never books hereic with his tie slipping up over his collar in the

tion you have only to play eards with

back. Do remember the poor little sparrows that are baying a hard time to live this winter.

Why should we have grumbled even during the blizzard? We certainly were treated white.

Kipling has added to the white man's burden by furnishing amateur poets with an incentive to copy his style. We believe a man to be a real Christian who doesn't show annoyance as discovering his pew filled with stran-

Women before marriage send bushels of kisses in their letters. After it a scant peck is about all the benedict receives.

The person of little breeding and less intelligence will indiscriminately describe a sunset and a frozen pudding as "grana." - Philadelphia Times.

# RECIPES AND REMEDIES.

In Croup.-A strip of flannel or napkin folded lengthwise and dipped in hot water and wrong out and then applied around the neek of a child that has the eroup will sometimes bring relief in ten

Orange Sance. Two empfuls of water, thickened with a spoonful of cornstarch. Boil the water stir cook. The other ingredients are the julies of two oranges, two tablespoonfuls of grated riad, a teaspoonful of butter and one cupful of sugar. Cookies.-!!, in using sour milk for

cookies, griddie-cakes or mullins, it does not foam as it should when the soda is added, a teaspoonful of vinegar added to the milk will usually produce

the desired result. Chicken and Nut Sandwickes. - Chop. the white meat of cold roast or boiled chicken very fine. To one cap of this add a quarter cup of blanched almends or English walnuts, also mineed fire. Soften with sweet cream to a paste that will spread easily. Season with snit

# THE MARKETS.

			Transiti
New York, 2	Later of	1 1	18.9
CATTLE Name Steels	1 60	153	9 10
COTTON Minds Wheet	9 05	- 14	36 100
1 LOCK - Willier Wheat	4 24	1.6	4.00
William F-No. 2 16-0	24	271	10
CORN NO. 2	0.000	. 156	111
OATS No. 2	1000	**	- #4
I OILL MEN SHEED AND ALLERS	20.149	12.6	19.90
ST. LOUIS.			
COTTON-Middles	- 6		- 2
EEEVES-Steers	3 50		3 23
	2 30		1 25
CALVES (per (*)	A 111		
HOUS Fair to Choice			3 85
SHEEP rair to Choice	0 11	17.0	4.00
FLOT R-Patenta (new)	1150	93	3.00
CHOICE STOLL STREET	2 14	91	3 30
WHEAT-No.2 Red Winter		35	114
CORN-No. 2	17115	6.8	44.7
OATE-No. 2	229	162	7.45%
KYr. No. 2	46.0	91	424
TOBACCO-Logs	2 00	24	8:30
Leaf Burley	4 50	166	11/10
HAY-Clear Timeethy		11	27 (48)
BUTTER-Choice Darry	16	14	15
Etitas-Fresh	5000	. 53	5 70
Park - Standard desament		24	5 70
Destruction of the Control of the Co		194	- 5
LALL Prime Strapt	1000	72	- 5
CHICAGO.			
CATTLE Nation Steams	20.00	194	47 50
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A CONTRACTOR OF THE PROPERTY AND A SECOND SECOND	22/1/12	72.8	\$ 30)
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WHEAT-No. 2 String	100	100	7.1
No. 2 Bel	**	194	7.3
The state of the s	255	:71	35
		2.5	229
PURK - Mass of William	5.35	92	0.29
KANSAS CITY			-
CATTLE-Native St.ers	1.455	51	5.50
HOGS- All Cimies.	23,000	31	2.70
WEETT No. 2 R d m-wr.			71
GAS-Na. 2 White		- 62	2.3
COPN-No. 2	1797		203
NEW OBLEAN	S		100
El GUR-High Grade		167	1.00
COPN-No. 2	4.9	157	42
ONES West-th	-		21
HAY-Photoe	13.00	10.7	12 50
Butters Standard Moss	19/197	157	9 37
E M ON Share		10	3
COVETON Middling			- 6
LOUISTILLE	55.55		U
WILLIAM No " R d	750	167	-
COVERS No. of Milward	19.5	100	3.3
A COLUMN TO MAN AND A COLUMN TO A COLUMN T	26.0	75	1
DATE OF STREET	0.77	55	200
CARLO CONTRACTOR	A 44		39.70
Service & State Line			6
	. 0	11	1 6
	CATTLE Native Steers S COTTON Middling   LOUR Winter Wheat WHEAT NO. 2 Red   CORN NO. 2 Red   CORN NO. 2 Red   CORN NO. 2 Red   CORN NO. 2 Red   CORTON Middling   EDUCKS NO. 2 RED   CORTON Middling   EDUCKS SERVES SEETS   COW and Hetters   CALVES (per 120)   HOUSE Fair to Choice   SHEEP Fair to Choice   SHEEP Fair to Choice   SHEEP Fair to Choice   CORN NO. 2 Red Winter CORN NO. 2 Red Edit   CORN Chair Rio   LARL Prime bland   CHICAGO   CATTLE NOTE STREET FAIR NO. 2 Serios   FLOUR WINTER PORTS   CORN NO. 2 Red	CATTLE Native Steers 5 1 is COUTTON Middling 1 1 100 fR Winter Wheat 2 25 WHEAT No. 2 Red 5 80 CORN No. 2	ST. LOUIS.  COTTON—Middings

Our Naval Station at San Juan The new United States naval station to be ecated at San Juan, Porto Rico, will be of

the utmost importance to this country as the key to the situation when the Nicaragua canal is constructed. The key to good health is Hostetter's Stomach Bitters. It guards the digestive organs from attacks of indigestion, biliousness and constipation, just the same as the new naval station at San Juan will ward off attacks upon this country by foreign foes

"So your poodle ran away, Miss Chic?"
"Yes, I'm very sorry now I didn't have a
muff made out of him—as Jack wanted me

How's This?

We offer One Hundred Dollars Reward for any case of Catarrh that cannot be cured by Hall's Catarrh Cure. F. J. Cheney & Co., Props., Toledo, O. We, the undersigned, have known F. J. Chency for the last 15 years, and believe him perfectly honorable in all business transacions and financially able to carry out any obligations made by their firm. West & Truax, Wholesale Druggists, To-

Walding, Kinnan & Marvin, Wholesale Druggists, Toledo, O. Druggists, Toledo, O. Hall's Catarrh Cure is taken internally, ecting directly upon the blood and mucous surfaces of the system. Price 75c. per bot-tle. Sold by all Druggists. Testimonials

Hall's Family Pills are the best.

Making Sure of Her Ground. He-Do you like classical music? She-Do you want my honest of you want my honest opinion or are you thinking of inviting me to the opera!

-Chicago Evening News.

From Baby in the High Chair to grandma in the rocker Grain-O is good for the whole family. It is the long-desired sub-stitute for coffee. Never upsets the nerves or injures the digestion. Made from pure grains it is a food in itself. Has the taste and appearance of the best coffee at 1 the It is a genuine and scientific article and is come to stay. It makes for health and strength. Ask your grocer for Grain-O.

Aunt Dinna Heard From. "Rastus!" yelled Aunt Diana in a loud voice, "yo' en Miami Snowflake cum in heah dis berry instance en stop playin' wit dem air white folks' chillun. All dey wants is t' learn a lot ob cakewalk figahs en den dey won't hab nuthin' mo 't' de wif yo'."—Ohio State Journa!.

Many School Children Are Sickly. Mother Gray's Sweet Powders for Children, used by Mother Gray, a nurse in Children's Home, New York, Break up Colds in 24 hours, cure Feverishness, Headache, Stomach Troubles, Teething Disorders, move and regulate the bowels and Destroy Worms. Sold by all druggists or by mail 25 See Sanda and FERE Add. mail, 25c. Sample mailed FREE. Address Allen S. Olmsted, Le Roy, N. Y.

Often the Way. Whenever some people are able to raise the wind they can't resist blowing themselves.—Puck.

Crescent Hotel, Eureka Springs, Arkansas.

Opens February 23. In the Ozark Moun-ains. Delightful cilmate. Beautiful scenery. Unequaled medicinal waters. Cheap ex-ursion rates. Through sleepers via Frisco Line. Address J. O. Plank, Manager, Room II, Arcade, Century Building, or Frisco Ficket Office, No. 101 N. Broadway, St. Louis, Mo. Source of Great Annoyance.

First Cook (reading)—Wanted, to go to Connecticut, a first-class cook. Good wages, Second Cook—Niver, on yer loife. Sure, isn't that where they make alarum clocks?

Hard on the Collector.

Waiter (yelling down the kitchen-tube)
-"Hey, Alphonse, make that chop a steak."
Sacre! Yot you tink? I'm a chef; not a

You Can Get Allen's Foot-Ease FREE. Write to-day to Allen S. Olmsted, Le Roy, N. Y., for a FREE sample of Allen's Foot-Ease, a powder to shake into your shoes. It cares chibbans, sweating, damp, swollen, aching feet. It makes tight shoes easy. Cares Corns, Bunions and Ingrowing Nails. Alldruggists and shoe stores sellit. 25 cents.

Doctor-"I would advise you to take a walk every morning before breakfast." Sap-py, "Bat doctor, I ah never get up until after bweakfast, y'know."—The Rival.

Lane's Family Medicine. Moves the bowels each day. In order to be healthy this is necessary. Acts gently on the liver and kidneys. Cures sick head-

ache. Price 25 and 50c. It's difficult for mon to check their ex-penses unless they have a bank balance.— Chicago Daily News. The Best Prescription for Chills.

and Fever is a bottle of Grove's Tasteless CHILL TONIC. It is simply iron and quinine in a tasteless form. No cure—no pay. Price, 50c. This is the time of year for those who own bicycles to store up wind for their pneu-matic tires.—Olean (N. Y.) Times.

The Grip of Pneumonia may be warded off with Hule's Honey of Horehound and Tar. Pike's Toothache Drops Cure in one minute.

You can't tell about a boy's salary by the engagement ring he buys for his girl.—Washington (Ia.) Democrat. To Cure a Cold in One Day

Take Laxative Bromo Quinine Tablets.. All druggists refund money if it fails to cure. 25c. Few men can keep their good resolutions and a diary at the same time.—Chicago Daily

After physicians had given me up, I was saved by Piso's Cure.—Ralph Erieg, Williamsport, Pa., Nov. 22, 1893. The best is the cheapest, but the cheap-

est isn't always the best.-Chicago Daily News.

THE constantly recurring monthly suffering gives women the blues! How hopeless the future appears, month after month

the same siege with menstrual pain! Comparatively few women understand that excessive pain

# DESPONDENT WOMEN

indicates ill-health, or some serious derangement of the feminine organs.

A million women have been helped by Mrs. Pinkham. Read what two of them say.

MRS. LIZZIE COLEMAN, of Wayland, N. Y., writes: "DEAR MRS. PINKHAM-For years I suffered with painful menstruation and falling of womb. The bearing-down pains in my back and hips were dreadful. I could not stand for more than five minutes at a time when menstruation began. But thanks to Lydia E. Pinkham's Vegetable Compound, my sufferings are now

recommend your medicines to all my friends. M ss C. D. Morris, 3 Louisburg Square, Boston, Mass., writes:

a thing of the past. I shall gladly

"DEAR MRS. PINKHAM-I have been using Lydia E. Pinkham's Vegetable Compound and it has helped me wonderfully. I was troubled with headache, backache and that weak and tired feeling. I cannot say enough in praise of your medicine for it has done me so much good. I shall recommend it to all

my friends who suffer." Despondency is a disease. Nervousness and snappishness come with it. Will power won't overcome it. The feminine organs are connected by nerves with the brain and all parts

of the body. These organs must be healthy or the mind is not healthy

All low-spirited or suffering women may write to Mrs. Pinkham at Lynn, Mass., and receive her advice free of charge. Don't wait until your life is wrecked by neglect and suffering. Get advice in time.

HEALTH IN THE HOUSEHOLD. 8888888888888

Injurious Labors in Home Life and How They May Be Avoided. Among all the health-destroying occupa-Among an the heatth-destroying occupa-tions in which the housewife may engage none is more productive of harm than is the back-breaking, muscle-twisting, nerve-destroying operation of washing and scrubnone is more productive of harm than is the back-breaking, muscle-twisting, nervedestroying operation of washing and scrubbing clothes upon the ordinary wash-board. The woman who stands over the tub inhaling the hot, unwholesome vapors cannot hope to maintain good health, to say nothing of the effect of being confined to a stooping, unnatural position, which, in time, will wreck the strongest constitution. Do not wreck health and happiness over the washtub in this day of washing machines. Get the best mechanism in this line and release yourself from the galling slavery of the wash-board—that instrument of domestic torture which is answerable for ninetenths of the diseases with which our womankind is cursed. Take, for example, the Rocker Washer, which is the representative tenths of the diseases with which our wom-ankind is cursed. Take, for example, the Rocker Washer, which is the representative product in this line, and compare its work and its results with the labors of the old-style "blue Monday" wash day. Not only does this washer do the work in a fraction

does this washer do the work in a fraction of the time consumed by the old-fashioned methods, but it does it much more thoroughly, the clothes being whiter, sweeter and cleaner than could possibly be the case were the garments cleaned by hand.

From the convenience of our readers who realize that the highest class article in any department of domestic equipment is not any of above packages or send 30c and get all 3 pkgs and great Catalogue free to JOHN A SALZER SEED CO., La Crosse, Wis. [K.]

Hard on the Collector. The Merchant—Did he kick at the bill? The Collector—Yes, but I don't see what made him think I had it in my hip pocket.—N. Y. World.

Coughing Leads to Consumption.
Kemp's Balsam will stop the Cough at once. Go to your druggist to-day and get a sample bottle free. Large bottles 25 and 59 cents. Go at once; delays are dangerous.

Waiter (yelling down the kitchen-tube)—"Hey, Alphonse, make that chop a steak."
"Saere! Vot you t'ink? I'm a chef; not a Rocker Washer Company, Ft. Wayne, Ind. The woman who insists upon continuing in the health-destroying methods and the man who permits such a cruel and unnecessary sacrifice has much to answer for. When work can be done more quickly and far better without the slightest risk to health it is a crime to persist in what causes such general and widespread harm. The woman who discards the washboard for the Rocker Washer will. 2! the end of the year, be brighter, better, healthier and happier for the change, and could never be persuaded to return again to the days of her degrading and unnecessary slavery.—J. H. Meyers, M.

D., in American Journal of Health. The Modern Battle.

Said the famous general to his chief of staff: "Are the correspondents ready?"
"They are, sir!"
"Have they been informed that I have a

w uniform on? Yes, general. Have duty? the photographers done their "They have, sir. "Then let the

Lanscript.

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